



We've got to stop meeting like this.

If we work together to slow the spread of COVID-19 and new forms of the virus, we will. Get vaccinated as soon as you can.

Until you're fully vaccinated, you need to wear a mask inside public places (even fully vaccinated people in [areas of substantial or high spread of COVID-19](#) should wear a mask inside public places to maximize protection from highly contagious variants and prevent possibly spreading it to others), stay at least 6 feet apart from people who don't live with you and who may not be vaccinated, avoid crowds, and wash your hands frequently with soap and water for at least 20 seconds or use hand sanitizer with at least 60% alcohol when soap and water aren't available.

That's how our helping hands will be together face-to-face again.

You have three ways to find vaccines near you:

- **Go to vaccines.gov**
- **Text your ZIP code to 438829**
- **Call 1-800-232-0233**

